wài huái

外踝

noun · lateral malleolus

Example Sentences

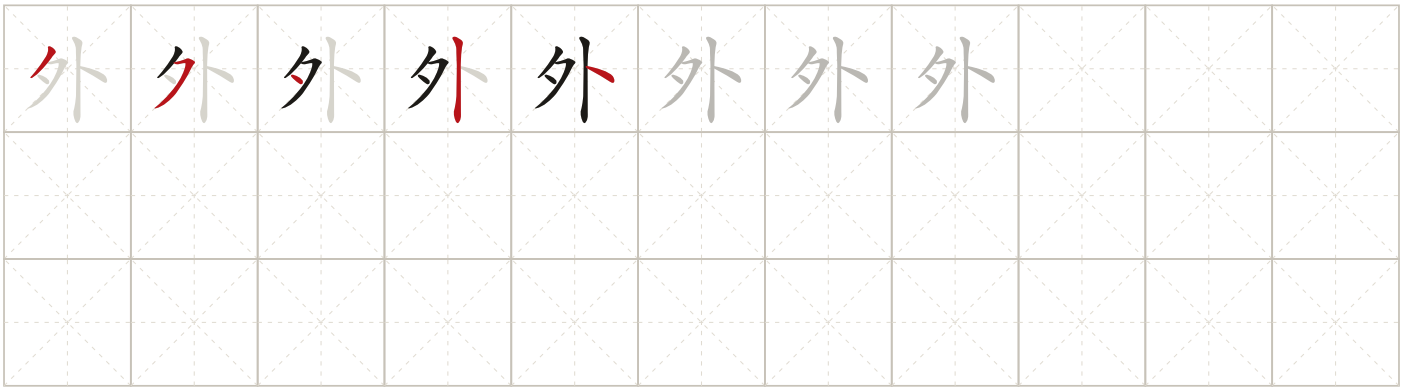
tā de wài huái yǒu diǎn zhǒng
他的外踝有点肿。

His lateral malleolus is a bit swollen.

yī shēng jiǎn chá le bìng rén de wài huái pàn duàn méi yǒu gǔ zhé
医生检查了病人的外踝，判断没有骨折。

The doctor examined the patient's lateral malleolus and determined there was no fracture.

pǎo bù shí niǔ shāng wài huái hěn cháng jiàn xū yào jí shí bīng fū hé xiū xi
跑步时扭伤外踝很常见，需要及时冰敷和休息。

Spraining the lateral malleolus while running is very common; timely ice application and rest are needed.

Trace each character, then write the word on your own.