



zēng qiáng

增强

Verb · to increase

Example Sentences

wèi le zēng qiáng jī ròu lì liàng tā jiān chí qù jiàn shēn fáng zuò lì liàng xùn liàn
为了增强肌肉力量，她坚持去健身房做力量训练。

To increase muscle strength, she persists in going to the gym for strength training.

tuán duì zhù rù xīn xiān xuè yè hòu zhěng gè xiàng mù dì huó lì míng xiǎn zēng qiáng le
团队注入新鲜血液后，整个项目的活力明显增强了。

After the team was infused with new blood, the vitality of the entire project significantly increased.

tā měi tiān duàn liàn zēng qiáng jī ròu
他每天锻炼增强肌肉。

He exercises every day to strengthen muscles.

Trace each character, then write the word on your own.

增	增	增	增	增	增	增	增	增	增	增
增	增	增	增	增	增	增				

强	强	强	强	强	强	强	强	强	强	强
强	强	强	强							