



jiān chí

坚持

Verb · to persevere with

Example Sentences

tā měi tiān jiān chí pǎo bù bàn xiǎo shí
他每天坚持跑步半小时。

He perseveres with running for half an hour every day.

wǒ jiān chí měi tiān pǎo bù
我坚持每天跑步。

I persist in running every day.

tā jiān chí zì jǐ de guān diǎn méi yǒu qīng yì gǎi biàn zhǔ yì
他坚持自己的观点，没有轻易改变主意。

He insisted on his own opinion and did not change his mind easily.

Trace each character, then write the word on your own.

坚	坚	坚	坚	坚	坚	坚	坚	坚	坚	
持	持	持	持	持	持	持	持	持	持	持
持										