



zuò lěng bǎn dèng

坐冷板凳

idiom / verb phrase · to be sidelined; to be ignored

Example Sentences

tā zài gōng sī zuò lěng bǎn dèng sān nián
他在公司坐冷板凳三年。

He was sidelined at the company for three years.

xīn lái de yuán gōng zǒng pà zuò lěng bǎn dèng
新来的员工总怕坐冷板凳。

New employees are always afraid of being ignored.

tā néng lì hěn qiáng què yīn wèi dé zuì lǐng dǎo ér zuò lěng bǎn dèng
他能力很强，却因为得罪领导而坐冷板凳。

He is very capable, but he was sidelined because he offended the boss.

Trace each character, then write the word on your own.

坐	坐	坐	坐	坐	坐	坐	坐	坐	坐
冷	冷	冷	冷	冷	冷	冷	冷	冷	冷
板	板	板	板	板	板	板	板	板	板
凳	凳	凳	凳	凳	凳	凳	凳	凳	凳
凳	凳	凳	凳	凳	凳	凳	凳	凳	凳