huí cháng jiǔ zhuǎn

回肠九转

idiom · extreme anxiety, grief, or emotional distress

Example Sentences

tīng dào zhè ge xiāo xī　tā huí cháng jiǔ zhuǎn　lèi rú yǔ xià
听到这个消息，他回肠九转，泪如雨下。

Upon hearing the news, he was overcome with anguish and tears streamed down like rain.

lí bié zhī jì　tā huí cháng jiǔ zhuǎn　nán yǐ yán yǔ
离别之际，她回肠九转，难以言语。

At the moment of parting, she was so heartbroken that she could not speak.

Trace each character, then write the word on your own.

回 回 回 回 回 回 回 回 回

肠 肠 肠 肠 肠 肠 肠 肠 肠 肠

九 九 九 九 九

转 转 转 转 转 转 转 转 转 转 转