



yǎo yá
咬牙

v. · to grit one's teeth (often in determination or to endure pain)

Example Sentences

tā yǎo yá jiān chí pǎo wán le quán chéng mǎ lā sōng
他咬牙坚持跑完了全程马拉松。

He gritted his teeth and persisted to finish the entire marathon.

kàn dào zhàng dān shí tā yǎo yǎo yá fù le qián
看到账单时，她咬咬牙付了钱。

When she saw the bill, she gritted her teeth and paid.

jīn guǎn hěn tòng tā hái shì yǎo yá rěn zhù méi yǒu jiào chū shēng
尽管很痛，他还是咬牙忍住没有叫出声。

Although it hurt a lot, he still gritted his teeth and held back from crying out.

Trace each character, then write the word on your own.

咬	咬	咬	咬	咬	咬	咬	咬	咬	咬	咬
咬										
牙	牙	牙	牙	牙	牙	牙				