



chī zhāi

吃斋

verb · practice vegetarianism

Example Sentences

tā měi gè yuè chī zhāi jǐ tiān
他每个月吃斋几天。

He practices vegetarianism for a few days
each month.

fó jiào tú cháng cháng chī zhāi bù chī ròu
佛教徒常常吃斋，不吃肉。

Buddhists often practice vegetarianism and
do not eat meat.

wèi le jiàn kāng tā jué dìng cháng qī chī zhāi
为了健康，她决定长期吃斋。

For health reasons, she decided to practice
vegetarianism long-term.

Trace each character, then write the word on your own.

吃	吃	吃	吃	吃	吃	吃	吃	吃		
斋	斋	斋	斋	斋	斋	斋	斋	斋	斋	斋
斋	斋									