fā xiè

发泄

Verb · Vent / let out

Example Sentences

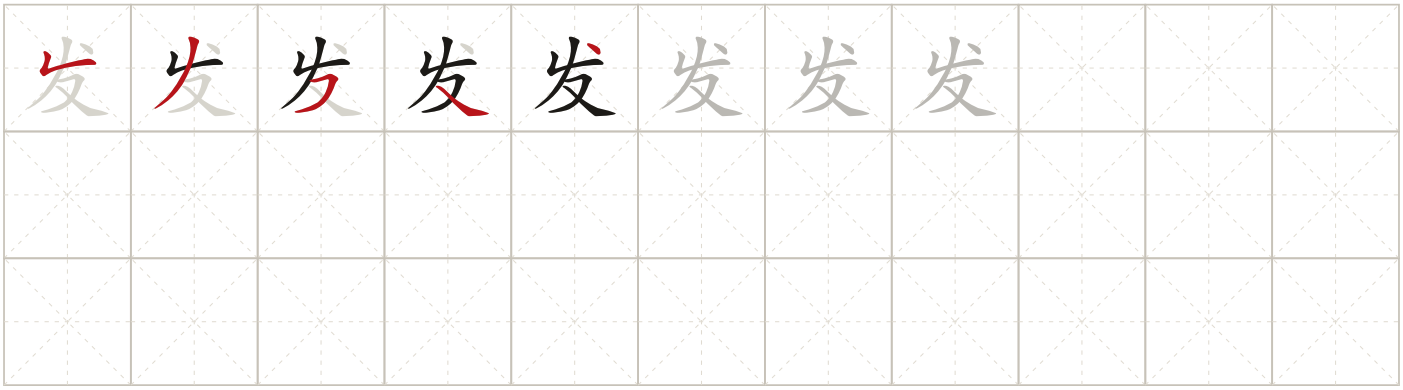
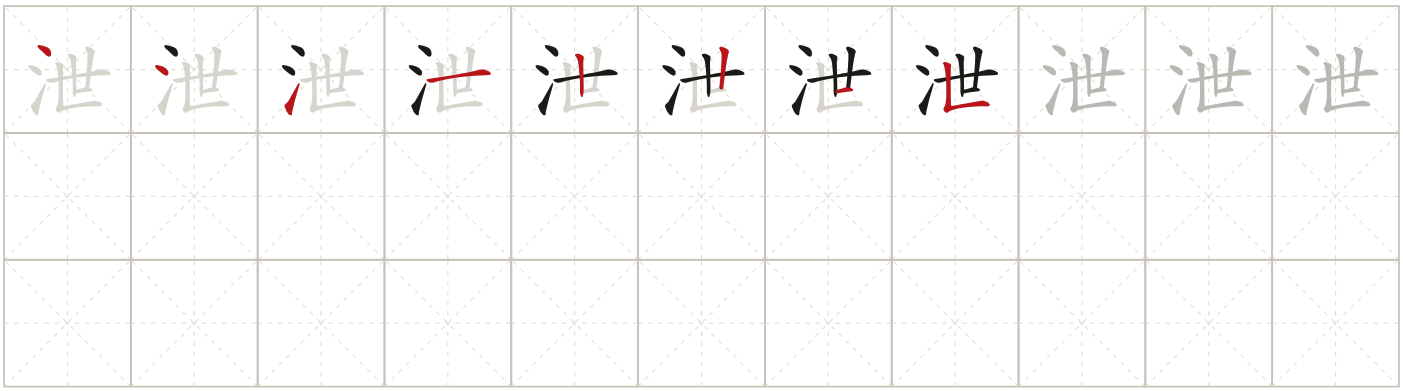
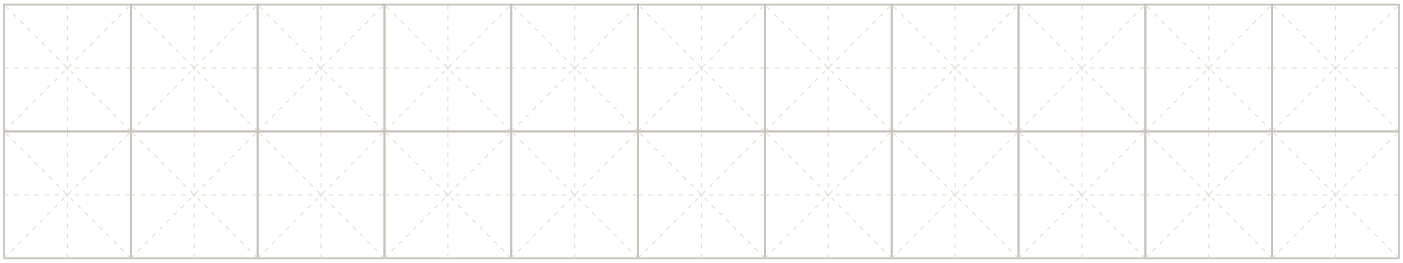
tā shēng qì shí huì dǎ zhěn tou lái fā xiè
他 生 气时，会打 枕 头来发泄。

When he is angry, he hits the pillow to vent.

nǐ wèi shén me zǒng yào tōng guò zhēng chǎo lái fā xiè nǐ de jiāo lǜ ne
你为 什 么 总 要 通 过 争 吵来发泄你的焦虑呢？

Why do you always vent your anxiety through arguments?

tā tōng guò pǎo bù lái fā xiè yā lì gǎn jué hǎo duō le
她通 过跑步来发泄压力，感觉好 多了。

She vents her stress by running and feels much better.

Trace each character, then write the word on your own.