



jiǎn féi

减肥

Verb · to lose weight

Example Sentences

wǒ xiǎng jiǎn féi
我想减肥。

I want to lose weight.

wèi le jiàn kāng tā jué dìng kāi shǐ jiǎn féi
为了健康，她决定开始减肥。

For the sake of her health, she decided to start losing weight.

yī shēng jiàn yì tā tōng guò jiàn kāng yǐn shí lái jiǎn féi
医生建议她通过健康饮食来减肥。

The doctor advised her to lose weight through a healthy diet.

Trace each character, then write the word on your own.

减	减	减	减	减	减	减	减	减	减	减
减	减	减								
肥	肥	肥	肥	肥	肥	肥	肥	肥	肥	肥