rù shuì

入睡

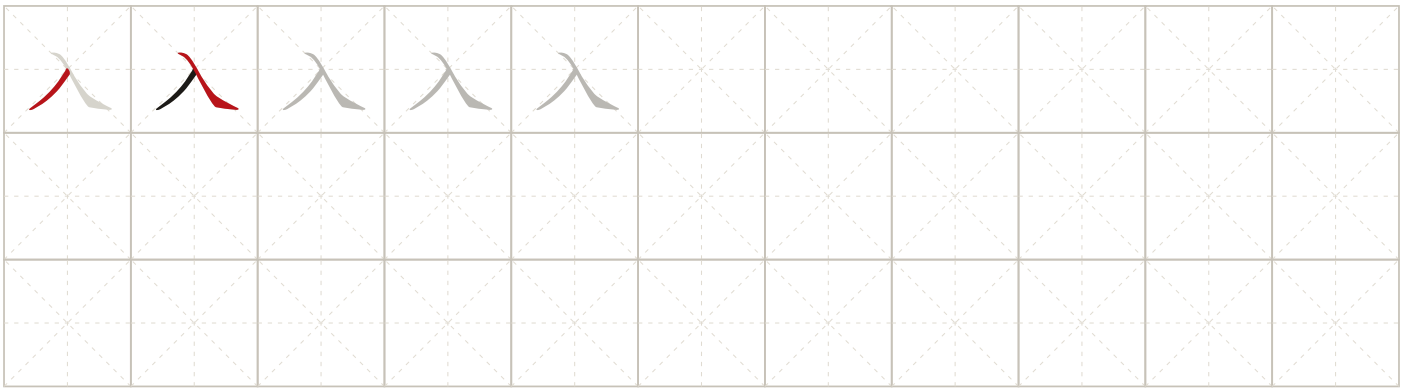
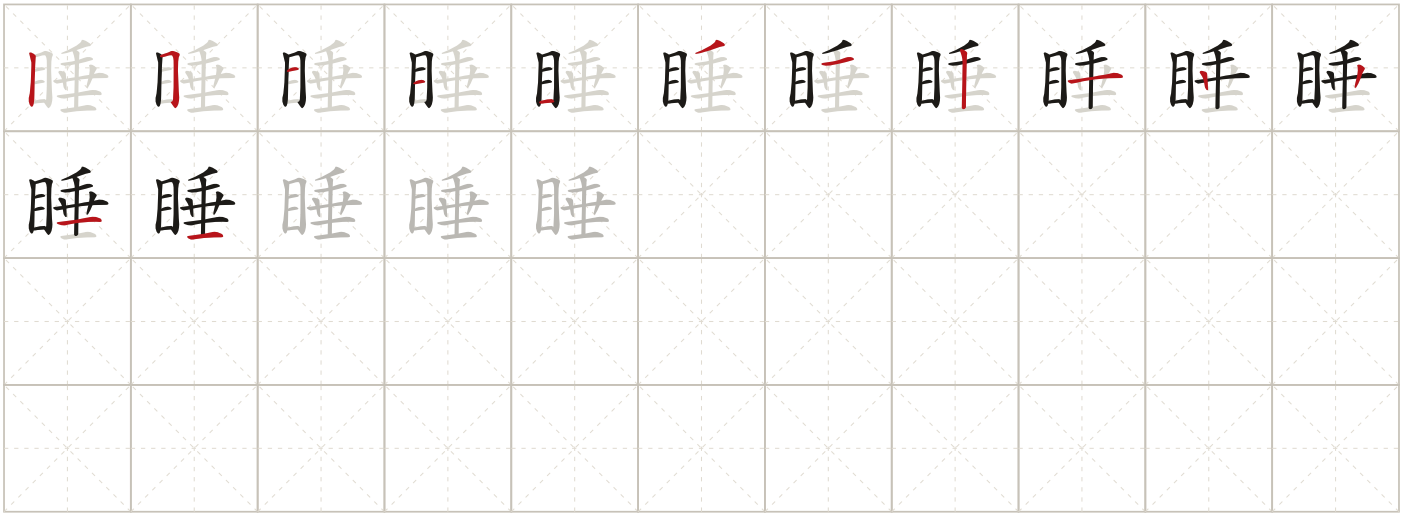
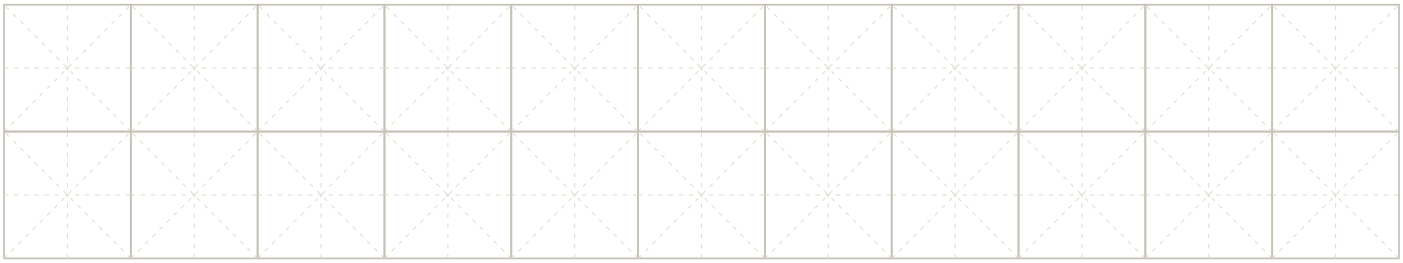
verb · to fall asleep

Example Sentences

tā hěn kuài jiù rù shuì le
他很快就入睡了。

He fell asleep quickly.

shuì qián hē bēi niú nǎi yǒu zhù yú rù shuì
睡前喝杯牛奶有助于入睡。

Drinking a glass of milk before bed helps with falling asleep.

Trace each character, then write the word on your own.