



jiàn zhuàng

健壮

Adjective · Strong

Example Sentences

tā shēn tǐ hěn jiàn zhuàng

他身体很健壮。

He is very strong and healthy.

nǐ kàn qǐ lái rú cǐ jiàn zhuàng shì jiān chí jiàn shēn de jié guǒ ma

你看起来如此健壮，是坚持健身的结果吗？

You look so strong; is it the result of consistent exercise?

zhè wèi yùn dòng yuán píng jiè jiàn zhuàng de tǐ gé zài bǐ sài zhōng qǔ dé le yōu yì chéng jì

这位运动员凭借健壮的体格，在比赛中取得了优异成绩。

This athlete achieved excellent results in the competition thanks to his strong physique.

Trace each character, then write the word on your own.

健	健	健	健	健	健	健	健	健	健	健
健	健									
壮	壮	壮	壮	壮	壮	壮	壮	壮		