biàn mì

便秘

noun · constipation

Example Sentences

Duō chī shū cài kě yǐ huǎn jiě biàn mì
多吃蔬菜可以缓解便秘。

Eating more vegetables can relieve constipation.

Tā zuì jìn biàn mì le
他最近便秘了。

He has been constipated recently.

Trace each character, then write the word on your own.

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便

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