



shēn zhāng

伸张

Verb · Assert

Example Sentences

zài tán pàn zhōng tā jiān dìng dì shēn zhāng le gōng sī de hé xīn lì yì
在谈判中，他坚定地伸张了公司的核心利益。

During the negotiations, he firmly asserted the company's core interests.

nǐ dǎ suàn rú hé shēn zhāng zì jǐ de quán lì rú guǒ duì fāng jì xù wú shì nǐ
你打算如何伸张自己的权利，如果对方继续无视你？

How do you plan to assert your rights if the other party continues to ignore you?

tā bìng méi yǒu shēn zhāng gè rén zhǔ zhāng ér shì xuǎn zé le gù quán dà jú
他并没有伸张个人主张，而是选择了顾全大局。

He did not assert his personal opinion but chose to consider the overall situation.

Trace each character, then write the word on your own.

伸	伸	伸	伸	伸	伸	伸	伸	伸	伸
张	张	张	张	张	张	张	张	张	张