hài shí

亥时

noun · the period of the day from 9pm to 11pm

Example Sentences

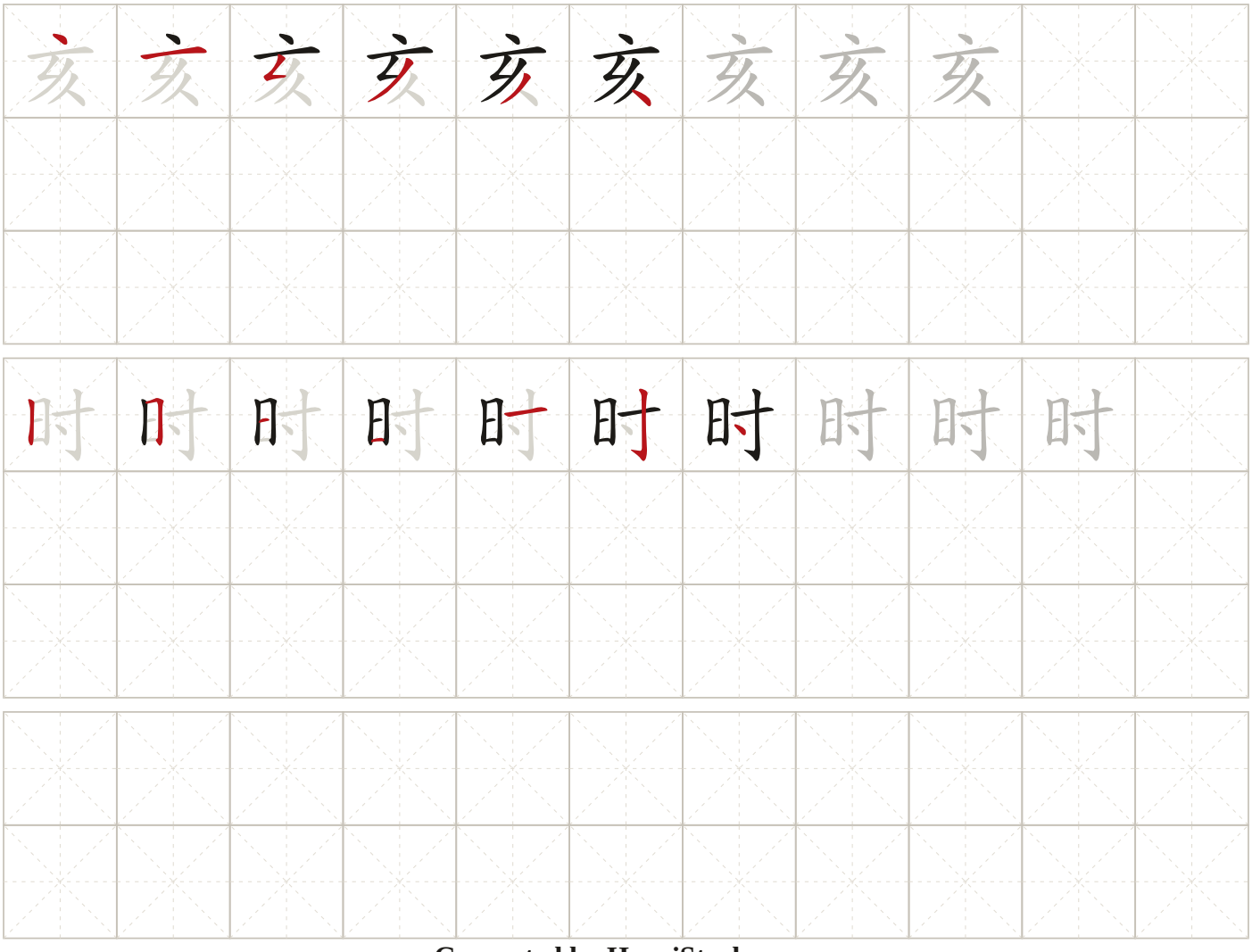
hài shí shì wǎn shàng jiǔ diǎn dào shí yī diǎn
亥时是晚 上 九点 到十一点。

Hai shi is from 9pm to 11pm at night.

gǔ rén rèn wéi hài shí yīn qì zuì zhòng
古人认为亥时阴气最 重 。

Ancient people believed that yin energy is strongest during the Hai period.

zhōng yī jiàn yì zài hài shí rù shuì yǐ yǎng gān
中 医建议在亥时入睡以 养 肝。

Traditional Chinese medicine recommends sleeping during the Hai period to nourish the liver.

Trace each character, then write the word on your own.