



bù jǐn bù màn
不紧不慢

adj./adv./idiom · unhurried; calmly and without haste

Example Sentences

tā shuō huà zǒng shì bù jǐn bù màn ràng rén tīng zhe hěn shū fu
他说话总是不紧不慢，让人听着很舒服。

He always speaks in an unhurried way, which makes people feel very comfortable listening.

bié rén dōu jí de tuán tuán zhuàn tā què bù jǐn bù màn de zhěng lǐ zhe wén jiàn
别人都急得团团转，她却不紧不慢地整理着文件。

Everyone else was running around in a panic, but she was unhurriedly sorting out the documents.

huǒ chē bù jǐn bù màn de kāi jìn le chē zhàn
火车不紧不慢地开进了车站。

The train pulled into the station slowly and steadily.

Trace each character, then write the word on your own.

不	不	不	不	不	不	不								
紧	紧	紧	紧	紧	紧	紧	紧	紧	紧	紧				
紧	紧													
不	不	不	不	不	不	不								



bù jǐn bù màn

不紧不慢

continued practice

Continue tracing each character, then write the word on your own.

慢	慢	慢	慢	慢	慢	慢	慢	慢	慢	慢
慢	慢	慢	慢	慢	慢					
