



shàng xià

上下

Noun · up and down

Example Sentences

Diàn tī zài lóu céng jiān shàng xià yùn xíng
电梯在楼层间上下运行。

The elevator moves up and down between the floors.

nǐ de xuè yā wèi shén me zǒng shì shàng xià bō dòng qù kàn guò yī shēng ma
你的血压为什么总是上下波动，去看过医生吗？

Why does your blood pressure always fluctuate up and down? Have you seen a doctor?

yóu yú nián qīng shí xī gài shòu guò shāng tā xiàn zài shàng xià lóu tī dōu gé wài xiǎo xīn jīn shèn
由于年轻时膝盖受过伤，他现在上下楼梯都格外小心谨慎。

Because he injured his knee when he was young, he is now extra careful when going up and down stairs.

Trace each character, then write the word on your own.

上	上	上	上	上	上						
下	下	下	下	下	下						