



yī bì zhī lì
一臂之力

idiom (noun phrase) · a helping hand; assistance

Example Sentences

qǐng bāng wǒ yī bǎ zhù wǒ yī bì zhī lì
请帮我一把，助我一臂之力。

Please give me a hand, lend me a helping hand.

péng you zài wǒ kùn nán shí shēn chū le yī bì zhī lì
朋友在我困难时伸出了一臂之力。

My friend lent me a helping hand when I was in trouble.

zhì yuàn zhě wèi zāi qū chóng jiàn gòng xiàn le yī bì zhī lì
志愿者为灾区重建贡献了一臂之力。

Volunteers contributed a helping hand to the reconstruction of the disaster area.

Trace each character, then write the word on your own.

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