



nà

捺

to press down heavily with the fingers

Common Words

nà zhù

捺住

to press down and hold

àn nà

按捺

to restrain, to hold back

nà bǐ

捺笔

a downward-right stroke in calligraphy

Trace each stroke, then write the character on your own.

捺	捺	捺	捺	捺	捺	捺	捺	捺	捺	捺
捺	捺	捺								