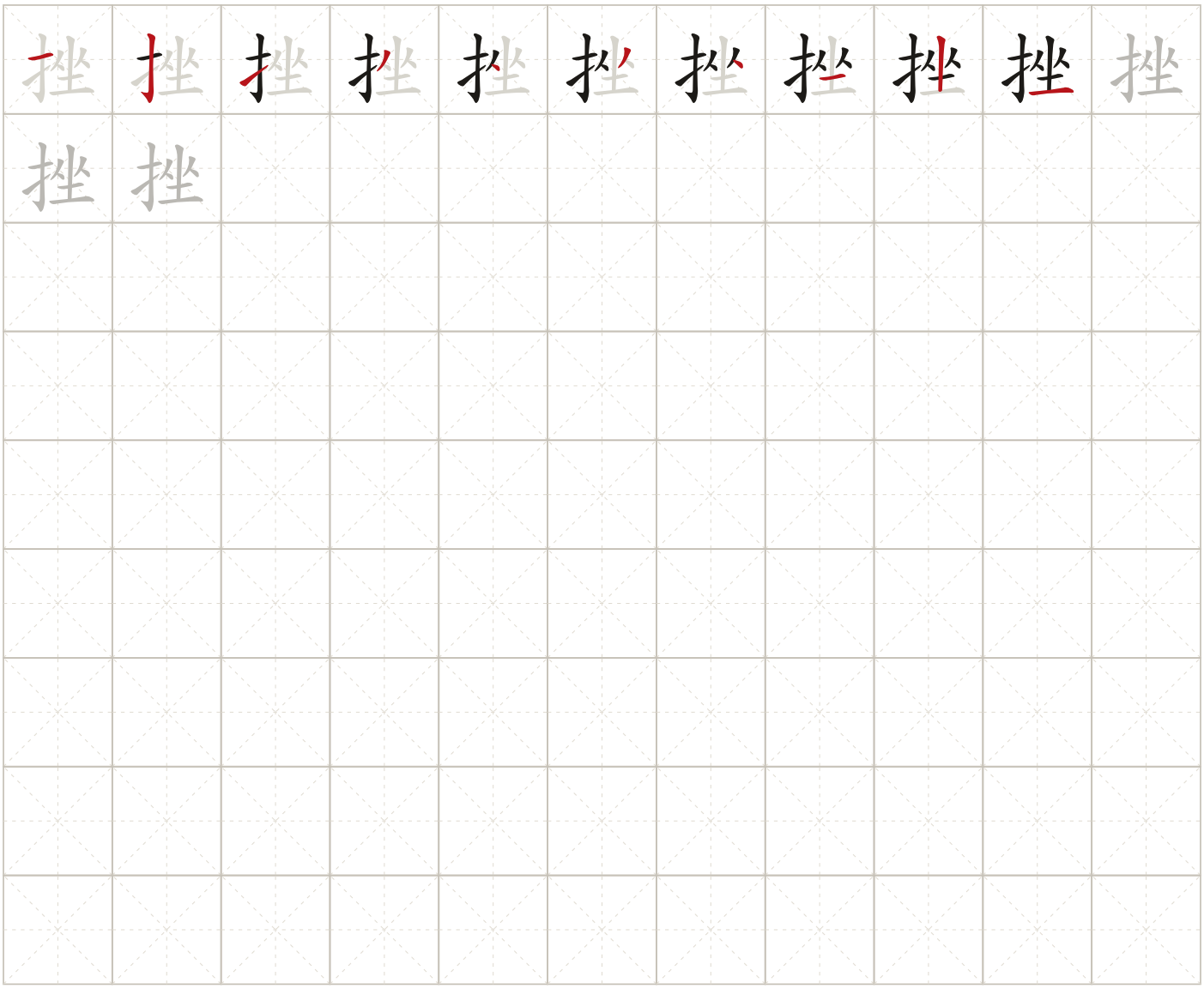
cuò

挫

to defeat, to frustrate, to subdue

Common Words

cuò shāng	cuò zhé	cuò bài
挫伤	挫折	挫败
to dampen, to frustrate; bruise	setback; frustration	Frustration

Trace each stroke, then write the character on your own.