



yì
抑

to restrain, press down, or suppress

Common Words

yā yì
压抑
constrain; inhibit; hold back

yì zhì
抑制
to inhibit

yì yù
抑郁
Depressed / Melancholic

Trace each stroke, then write the character on your own.

抑	抑	抑	抑	抑	抑	抑	抑	抑	抑